



*Hold her story with care*  
**Olivia's Story**

*(Name changed for safety)*

**Three years ago, after the birth of my second child, I found myself in the midst of a harrowing situation.** Enduring daily mental and emotional abuse from my partner, combined with caring for a newborn, left me feeling trapped. And after a major crisis, I decided to reach out to Green Haven Shelter for Women for support.

Their Outreach Support Worker helped me learn invaluable skills and coping mechanisms to navigate daily life. **We developed a safety plan, should the day come when I needed to leave.** For three years, I received ongoing support from Green Haven Shelter for Women, which proved to be a lifeline in my darkest moments.

***As the abuse escalated following the birth of my third child, I knew I needed to get out to protect myself and my children.***

With the support of Green Haven Shelter for Women, we created a detailed plan to safely remove us from the toxic environment. When a space was secured, **I made the courageous decision to leave, taking my three young children with me.**

Green Haven Shelter for Women welcomed us with warmth and kindness. The environment was very welcoming, there were plenty of toys, and comfortable beds. **It was the perfect place for us to heal and find joy as we started our new life.** Their resources and guidance assisted us in finding stable housing and laying the foundation for a brighter future.

***We left with only a suitcase of clothing. Green Haven Shelter for Women provided us with all the necessities we needed to live.***

Our time at Green Haven Shelter for Women was truly transformative. I saw my children brighten, and the kindness and compassion of the staff made it so we didn't have to worry about the necessities of life. Instead, I focused on my children's happiness, healing from the trauma and abuse, and developing a plan moving forward.

As a survivor, I personally know the impact that your donation can have on women who are escaping abuse. **Your generosity provides hope and healing to those in need, just as it did for me and my children.** Thank you for helping to ensure that every survivor has access to the support they deserve.

Sincerely,

*Olivia*

***Click Here to  
Donate Today***

